



## Osborne School

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**Headteacher: Sonia O'Donnell**

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Dear Parents and Carers

### **Café Sessions in 16LW for Next Half Term**

As part of our independent skills focus in Osborne College we have planned some specific sessions in our weekly Café sessions.

For the next half term, every Thursday, students will have the opportunity to make their own lunch, and eat it in the Café. The students have discussed what they would like to make and have come up with the following healthy lunches, which I am sure you will agree are great choices:

- 22nd Feb - Spicy Bean Enchilada and Salad. Strawberry Ice Cream Sundae.
- 1st March - Chicken Curry and Rice. Angel Delight and Shortbread.
- 8th March - Chow Mein. Pineapple Upside Down Pudding.
- 15th March - Beef Burger or Veggie Burger with Chips and Salad. Yogurt and Fruit.
- 22nd March - Leek and Potato Soup with Cheese Baguette/Sandwich. Chocolate Pudding.
- 29th March - To be decided, but likely to be Pizza.

Because this lunch will replace the student's normal lunch we would ask for a contribution of £1 for each lunch which will cover the costs of buying the ingredients. Please could you send in £6 at the beginning of the term to cover all the lunches then your student won't need to remember to bring in a £1 each week.

This activity really supports each student's independent living skills and perhaps they can pass the recipes onto you later on, or even better, make you lunch!

If you have any questions, please write a note in your student's diary and I will contact you.

Best wishes

Lynne Williams  
16LW Teacher  
Head of Osborne College