



Osborne School

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Headteacher: Sonia O'Donnell

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Dear Parents and Carers

During Year 7 your son/daughter has been undertaking a scheme of work in Sex and Relationship Education. This has become a statutory requirement for schools to deliver and is timetabled for each week. The lessons so far have covered the following:

- Getting to know each other
- Our families
- Keeping fit and healthy
- Personal Hygiene

The lessons have been class based and taught within separate year groups. Lesson content has been differentiated to meet the needs and ability of the pupils.

As part of this topic throughout the Summer term we will be looking at our bodies, and the differences between males and females. This will include talking about and using the correct terminology for the different private parts.

Towards the end of the Summer term we will also be starting to look at puberty and the menstrual cycle.

If you require further information or have any questions, please do not hesitate to contact me, either by phone or email l.hampshire@osborne.hants.sch.uk

Yours sincerely

Lisa Hampshire
Year 7 Class Teacher