



## Osborne School

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**Headteacher: Sonia White (O'Donnell)**

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Dear Parents and Carers

During year 7 your son/daughter will be undertaking a scheme of work in Sex and Relationship Education. This has become a statutory requirement for schools to deliver and is timetabled for each week. Lessons will cover the following:

- Getting to know your class
- Developing friendships and teamwork
- Understanding differences
- Personal Hygiene
- Menstrual cycle
- Understanding our bodies
- Keeping our bodies fit and healthy

The lessons will be class based and taught within separate year groups. Lesson content will be differentiated to meet the needs and ability of the pupils.

Should you require any further information please do not hesitate in contacting me [l.tabor@osborne.hants.sch.uk](mailto:l.tabor@osborne.hants.sch.uk)

Yours sincerely

Lucy Tabor  
SRE coordinator