



Ice Cold

Sensory Bag

You will need:

Water

Food colouring

Ice cube tray or bag

Jug

Ziplock clear bag

Duct tape

Sticky tape

Sequins

Glitter

Method

1. Add some water to a jug and stir in a few drops of food colouring. Pour the coloured water in to an ice cube trays or bag. Repeat with different colours of food colouring and leave at least 24 hours to freeze.
2. Add the sequins and glitter to the ziplock bag. Add 5 or 6 ice cubes to the bag too. Remove as much air from the bag as possible. Use full sentences for the method.
3. Close the bag and tape the top of the bag with duct tape so the water and glitter doesn't seep out.
4. Then the fun begins. Can the children move ice cubes around the bag? Can they see the ice cubes melting? As the ice cubes melt the colours will mix, making new colours. What new colours can they see?

