

Curriculum Area: SRE

Subject Coordinator(s): Sarah Holmes and Lucy Tabor

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<b>Attitudes and Values</b> Getting to know your group (incl Understanding our Differences) Share Special Ch 1&2	<b>Personal and Social Skills</b> Different kinds of relationships Share Special Ch 3	<b>Knowledge and Understanding</b> Puberty and Our Bodies Share Special Ch 4	<b>Attitudes and Values</b> Personal hygiene and the menstrual cycle Share special Ch 4	<b>Personal and Social Skills</b> Keeping our bodies fit and healthy	<b>Knowledge and Understanding</b> Keeping safe <i>Private / public Feeling safe / safe places</i> <i>Good and bad touch</i> Share special Ch 5
Year 8	<b>Attitudes and Values</b> Understanding our Feelings (through puberty) <i>Can cover feelings towards others, relationships with families and special friends</i>	<b>Attitudes and Values</b> Friendships and bullying	<b>Knowledge and Understanding</b> Understanding sexual activity, what does it mean?	<b>Knowledge and Understanding</b> Reproductive system and conception	<b>Personal and Social Skills</b> Healthy choices <i>This will look at physical choices, food drink, cigarettes, alcohol etc as well as looking at healthy / unhealthy relationships</i>	<b>Personal and Social Skills</b> Keeping safe / Good communication skills / Share Special Ch 6
Year 9	<b>Attitudes and Values</b> Staying safe with technology	<b>Personal and Social Skills</b> Sexual Behaviour Share Special Ch 5,6&7	<b>Knowledge and Understanding</b> Sexual activity and contraception	<b>Attitudes and Values</b> Pregnancy and parenthood	<b>Personal and Social Skills</b> Keeping safe Becoming independent	<b>Knowledge and Understanding</b> Alcohol and drugs
Year 10	<b>BTEC Personal Health and Wellbeing Unit 1</b> <b>ASDAN SRE short course Module 1</b> Body Knowledge <b>Transition Challenge:</b> Knowing How Module (Male & Female)	<b>BTEC Personal Health and Wellbeing Unit 1</b> <b>ASDAN SRE short course Module 1:</b> Body Knowledge <b>Transition Challenge:</b> Knowing How Module (Male & Female)	<b>BTEC Personal Health and Wellbeing Unit 2</b> <b>ASDAN SRE short course Module 2:</b> Relationships <b>Transition Challenge:</b> Feeling Good Module (Being a good friend))	<b>BTEC Personal Health and Wellbeing Unit 2</b> <b>ASDAN SRE short course Module 1:</b> Relationships <b>Transition Challenge:</b> Feeling Good Module (Being a Good friend)	<b>BTEC Personal Health and Wellbeing Unit 3</b> <b>ASDAN SRE short course Module 3:</b> Sexual activity & behaviour <b>Transition Challenge:</b> Moving Forward (Types of Relationships)	<b>BTEC Personal Health and Wellbeing Unit 3</b> <b>ASDAN SRE short course Module 3:</b> Sexual activity & behaviour <b>Transition Challenge:</b> Moving Forward (Types of Relationships)
Year 11	<b>BTEC Personal Health and Wellbeing Unit 4</b> <b>ASDAN SRE short course Module 4:</b> Contraception & sexual health <b>Transition Challenge:</b> Taking the Lead module (behaving appropriately)	<b>BTEC Personal Health and Wellbeing Unit 4</b> <b>ASDAN SRE short course Module 4:</b> Contraception & sexual health <b>Transition Challenge:</b> Taking the Lead module (behaving appropriately)	<b>BTEC Personal Health and Wellbeing Unit 4</b> <b>ASDAN SRE short course Module 5:</b> Personal skills <b>Transition Challenge:</b> Making Choices Module (Lifestyle choices)	<b>BTEC Personal Health and Wellbeing Unit 4</b> <b>ASDAN SRE short course Module 5:</b> Personal skills <b>Transition Challenge:</b> Making Choices Module (Lifestyle choices)	<b>BTEC Personal Health and Wellbeing Unit 6:</b> <b>ASDAN SRE short course Module 6:</b> Culture and challenges <b>Transition Challenge:</b> Feeling good Module (Religions, rituals & traditions)	<b>BTEC Personal Health and Wellbeing Unit 6:</b> <b>ASDAN SRE short course Module 6:</b> Culture and challenges <b>Transition Challenge:</b> Feeling good Module (Religions, rituals & traditions)
Year 12	Recap puberty / male & female bodies /	Masturbation First sexual experiences Love and sex	STIs – what are they? Testing and prevention Contraception	Sexuality/ transgender/ gay, lesbian, non-binary Homophobia, sexism, Pornography	Meaningful Relationships	Social media and the impact on relationships / healthy & unhealthy
Year 13	Families- Different kinds of families	Social media and the impact on relationships – trusting what you see	Sexual exploitation	Contraception	Pregnancy When is the best time? Pregnancy myths Pregnancy choices	Pregnancy – How a baby develops Body changes
Year 14	Contraception	Pregnancy, labour and Childbirth	Looking after children – the realities	Social media and the impact on relationships	Taking control	