



Osborne School

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Dear Parents and Carers

We are writing to inform you that Osborne School/College has a COVID-19 case in your child's class and/or a class that your child mixes with.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most children, coronavirus (COVID-19) will be a mild illness.

The setting remains open and your child should continue to attend as normal if they remain well. All students and staff, regardless of year group, should remain vigilant regarding COVID-19. All parents are advised to continue with the routine twice weekly asymptomatic LFD COVID-19 testing of those in year 7 and above in the household. **You are also strongly advised to get a PCR for your child given the possibility of close contact.**

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

The main symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test via Get a free PCR test to check if you have coronavirus (COVID-19) - GOV.UK (www.gov.uk) or by calling 119 and remain at home at least until the result is known. If negative, the child can end self-isolation; if positive, the child should isolate until at least 10 days after their symptoms appeared. They can return to their normal routine and stop self-isolating after 10 full days if their symptoms have gone, or if the only symptoms you have are a cough or anosmia, which can last for several weeks. If they still have a high temperature after 10 days or are otherwise unwell, stay at home and seek medical advice.

If the child has a positive test result but do not have symptoms, they should stay at home and self-isolate for 10 days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset.

Instructions for people who live in the same household as someone with COVID-19 (tested positive or symptomatic awaiting a test result)

Please see the stay at home guidance with information of what the household should do and who is exempt from isolation as a close contact. Even if you are exempt it is recommended that contacts get a PCR test, and undertake other measures outlined in the guidance such as limiting contact with anyone who is extremely clinically vulnerable and wearing a face covering in enclosed spaces while the person in your household with COVID-19 is self-isolating.

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Sonia White
Headteacher